



## HOW TO MEASURE YOUR PLAYERS

- A. Chest Size: The chest measurement is gained by measuring the fullest part around both sides of the chest.
- B. Waist Size: Measure once around the natural waist, about an inch below the belly button.
- C. Hip Size: This measure is taken at the widest point.
- D. Arm Length: Measure from the shoulder over the elbow, right down to the beginning of the thumb.
- E. Outseam: Measure from the waist over the hip down to the sole of the foot (without shoes.)
- F. Body Height
- G. Inseam: Measure from the crotch down to the sole of your foot (without shoes.)



(Shirt Length is measured from top of the neck to the bottom of the shirt on the back.)

Youth	YXS	YS	YM	YL	YXL
Chest	27"	29.5"	33"	37.5"	40"
Shirt Length	20"	21"	23"	25"	27"
Baseball Elastic Baseball Pants					
Waist	22"	22.5"	24"	26"	N/A
Inseam	17"	17.5"	19"	20"	N/A
Baseball Belted Baseball Pants					
Waist	N/A	24"	27"	29"	31"
Inseam	N/A	19"	21.5"	23.5"	27.5"
Girls Elastic Belted Softball Pants					
Waist	N/A	21-22"	23-24"	25-26"	N/A
Adult	AS	AM	AL	AXL	
Chest	37"	42"	46"	49.5"	
Shirt Length	26.5"	28"	29.5"	30.5"	
Baseball Belted Baseball Pants					
Waist	29"	30.5"	34.5"	38"	
Inseam	31"	32.5"	33"	33.5"	
Girls Elastic Belted Softball Pants					
Waist	29.5"	34"	34.5"	36"	